



*“Wert thou to consider
this world, and realize
how fleeting are the
things that pertain unto
it, thou wouldst choose
to tread no path except
the path of service...”*

Bahá'í Writings

Individuals 15 years and older
can participate in Study Circles.
To connect with a Study Circle
tutor please contact your local
Bahá'í community.

bahai.org.au Australian Bahá'í Website
bahai.org International Bahá'í Website



Youth & Adults

Building Capacity for Service

The courses produced by the Ruhi Training Institute are studied by people all over the world. They offer an opportunity for participants to deepen their understanding of spiritual concepts drawn from the Bahá'í writings, explore life's purpose, and to gain practical skills required to contribute to building vibrant united communities.

A core component of the Ruhi Training Institute is a study circle. A study circle is comprised of a small group of people who come together to participate in one or more courses. The courses are provided free of charge, are open to all, and are facilitated by a trained tutor. The primary role of the tutor is to guide discussion among the participants and ensure the environment of the study circle is characterised by inclusion, respect and unity.

*“The essence of faith is
fewness of words and
abundance of deeds.”*

Bahá'í Writings

Participants are supported to foster habits, attitudes, qualities, skills and abilities needed to carry out acts of service that enhance the devotional character of the community, help morally educate children, and empower youth.

In the first course, *Reflections on the Life of the Spirit*, three themes are explored:

Study of the Sacred Text

Participants explore passages from the Bahá'í Sacred Writings on topics such as truthfulness and kindness, and reflect on how to apply spiritual principles in their daily lives.

Nature of prayer

Participants explore the concept of prayer: what prayer is; why we pray; how we pray; and when we pray.

Life after death

Participants explore the relationship between the life of the body and the life of the spirit, and the importance of daily reflection on that relationship.

*“Truthfulness is the
foundation of all
human virtues.”*

Bahá'í Writings



“[Participants] see themselves and others as treading a path of service—supporting one another, advancing together, and respectful of the knowledge that each one possesses at any given moment. The outcome is the spiritual empowerment of individuals, who come to see themselves as active agents of their own learning, as protagonists of a constant effort to apply knowledge to effect individual and collective transformation.”

Universal House of Justice